DYMOCK PARISH HALL

PLEASE HELP TO KEEP DYMOCK PARISH HALL SECURE

- 1. You must not enter if you or anyone in your household has Covid-19 symptoms
- 2. If you develop Covid 19 symptoms within 7 days of visiting these premises alert Test, Track and Trace. Alert Jenny Thick(01531 890453) and alert the organiser of the activity you attended.
- 3. Maintain 2 metres social distancing as far as possible. Wait behind the marked lines as you go through the entrance door to your activity.
- 4. Use the hand sanitiser provided on entering the premises. Clean your hands often. Soap and paper towels are provided in the toilets. If possible, try and ensure that there is only one person in the toilets at a time.
- 5. Avoid touching your face, nose or eyes. Clean your hands if you do.
- 6. "Catch it, Bin it, Kill it". Tissues should be disposed of in the rubbish bins provided. Then wash your hands.
- 7. Check the organisers of your activity have cleaned door handles, tables other equipment and surfaces etc before you have arrived. Keep them clean. We will clean all surfaces at the hall between each hire.
- 8. Take turns to use confined spaces such as corridors, kitchen and toilet areas. Standing or sitting next to someone is lower risk than opposite them. Briefly passing another person in a confined space is a low risk. If you wish to use the kitchen, please bring your own mugs. Paper plates in kitchen
- 9. **Keep the hall well ventilated**. Open double doors into foyer and if possible open side door adjacent to bar. Close doors and windows on leaving.
- 10. Wash your clothes when you get home to reduce the risk of transmission.
- 11. Unless otherwise stated please wear a face mask during your activity. (Face masks during Pilates not required.)
- 12. Due to social distancing only 22 people allowed in the hall during activity
- 13. Please ensure that one person takes a list of all attendees. Name & telephone number (Test, Track & Trace). This information will be kept for 21 days.